

MM00984

SECTION 27

DIGITAL INDUSTRIAL THEATRE

SEXUAL ABUSE & VIOLENCE CHAPTER

HURT – HELP – HEAL

NARRATION VIDEO

V2

30 September 2020

**SEXUAL ABUSE/VIOLENCE Chapter**

**Video Title: HURT – HELP – HEAL**

**Duration: 8-10 minutes**

**Narration:**

Sibaphiwe Matiyela to narrate this video. <https://www.osmtalent.com/artist/sibaphiwe-sibs-matiyela/>

**Characters:**

Female Students

Male Students

Policewoman

Female Nurse

Male Doctor

Female Counsellor

Zinhle

Sana

Mpumi

Tumi

Principal Khosi (male)

Miss McMillan

Mr Gordon

Male Nurse

Female Doctor

Policeman

Principal Jones (male)

Magistrate (female)

Department of Education Official (male)

New Principal (female)

**Scene Summary:**

Scene 1 is set walking down the road

Scene 2 is set in the classroom

Scene 3 is set in Zinhle’s home and Mpumi’s home

Scene 4 is set in the hospital

Scene 5 is set in counsellor’s office

Scene 6 is set in the principal’s office/classroom

Scene 7 is set in the police station

Scene 8 is set at the magistrate’s court

Scene 9 is set in the new principal’s office

Scene 10 is set walking down the road

**Video Script:**

*Scene 1 is set walking down the road*

SX: (TEXT ON SCREEN) SOUTH AFRICA

*OPENING RAP*

Female Student:

It’s the 21st century in sunny SA,

But the statistics of violence are risin’ each day.

Male Student:

Sexual abuse and violence is outta control,

On our families and communities, it’s taking a toll.

Policewoman:

Headlines and articles about all kinds of assault

Victims don’t wanna talk, they lock their emotions in a vault.

Male Student:

But sexual violence is not just somethin’ we see on the news

It’s happenin’ amongst us, often right in our crew.

Female Student:

Abuse by a teacher, a student, a family member or stranger,

We don’t even know where we won’t be in danger.

Male Student:

At school, on the bus, in class, at home or walkin’ down the road

Those who commit crimes are men and women, young and old.

Female Nurse:

It could happen to you, your bro, your sister or even your friend,

The cycle is vicious and we NEED it to end.

Male Student:

Enough is enough, yo we need to speak out

No matter who you are, use your voice to shout!

Female Counsellor:

If you’ve been hurt, you need to get help so you can heal,

There are people to guide you, and talk about how you feel.

Male Student:

Khumbula you’re not alone, if it happens to you,

Here’s a story about what you can do…

*Scene 2 is set in the classrooom*

SX: (TEXT ON SCREEN) WHAT IS SEXUAL ABUSE?

Narrator: Sexual violence and abuse comes in many forms, and often students don’t know whether what they are going through is abuse, so let’s break down the different kinds of sexual abuse that exist:

Narrator: Sexual Harassment is when you are offered money or good marks in exchange for sex or sexual favours.

Narrator: It could sound like this:

Miss McMillan: Mpumi, I’ll give you R100 for your taxi fare and pay for your lunch, if you put your penis in my mouth after school today. It can be our little secret…

Mpumi: I don’t want to do that ma’am.

Miss McMillan: If you don’t, I’m going to send you to Principal Jones for lashings…or I’ll give them to you myself.

Narrator: Or like this:

Principal Khosi: Zinhle, yoh I see you’re failing maths this term. If you let me put my penis in your vagina after school today, I’ll make sure you pass…

Zinhle: Ngiyacela, don’t make me do that…

Principal Khosi: Then I’ll have to fail you, and you’ll fail the year. So, I’ll see you after school ne?

Narrator: When someone makes a sexual joke that makes you feel uncomfortable.

Narrator: It could sound like this:

Miss McMillan: You know Portia, your boobs are so big, they would make the perfect pillow for my head during break.

Narrator: Or like this:

Mr Gordon: Let’s hear from Mpho. I heard you like to put things up your bum Mpho, have you ever tried a broomstick? *(Laughs)*

Narrator: Rape is when someone forces you to have sex or oral sex with them. It is still considered rape, whether the penis goes in the vagina or up the bum. The rapist could be someone you know, or someone you don’t know.

Narrator: Even if you are in a relationship, if your girlfriend or boyfriend forces you to have sex when you don’t want to, that is rape.

Narrator: When someone uses an object, like a bottle or a broomstick, to put into your vagina or up your bum, that is also rape.

Narrator: Sexual assault is when someone touches you in a way that makes you feel uncomfortable, rubbing up against you or touching your boobs, bum, vagina or penis.

Narrator: Sexual assault is also when someone forces you to look at naked pictures of people, or watch videos of people having sex.

Narrator: To have sex with someone, you have to give your consent. That means you agree to have sex with that person. If you are not sure about what you are agreeing to, or if you are drunk or drugged, that is NOT consent.

Narrator: If you are younger than 16 years old, you cannot give consent to have sex with an adult. Remember that a student can never consent to have sex with a teacher, principal or any adult at school.

*Scene 3 is set at Zinhle’s home and Mpumi’s home*

*Zinhle’s Home*

SX: (TEXT ON SCREEN) MEET ZINHLE

Narrator: This is Zinhle. She is 16 years old and a survivor of sexual abuse by her principal, Principal Khosi, for almost a year. She is too scared to tell her parents about the abuse, because they think that she is still a virgin. She has made the brave decision to speak out about the abuse. She is taking her friend Sana with her to the hospital.

*Mpumi’s Home*

SX: (TEXT ON SCREEN) MEET MPUMI

Narrator: This is Mpumi. He is 17 years old and is a survivor of sexual abuse by his teacher, Miss Miss McMillan, for a few months. He has told his parents what is happening, and has made the decision to report the abuse, so it doesn't happen to another student. He is taking his mother Tumi with him to the hospital.

***As the story is narrated, we will see Zinhle and Mpumi going through each of the steps, Zinhle accompanied by her friend Sana, and Mpumi accompanied by his mom Tumi.***

*Scene 4 is set in the hospital*

SX: (TEXT ON SCREEN) GO TO THE HOSPITAL

Narrator: If you have experienced any kind of sexual abuse, it is important for you to go to the hospital. Try and go within 3 days or 72 hours of the abuse.

Narrator: It is best not to bath or shower before you go, and to keep wearing the same clothes you were wearing when the abuse happened. This will help with the evidence.

Narrator: If you have already changed clothes, you can put your dirty clothes in a paper bag or even a pillow case. Don’t put them in a plastic bag, because plastic affects the evidence.

Narrator: Make sure you go to the hospital with someone you trust, it doesn’t have to be your parents or someone from your family, but it should be someone that you feel comfortable with.

Narrator: If you cannot get to the hospital, call for an ambulance on 10177 or call 082 911.

Narrator: When you get to the hospital, you have a right to medical treatment that will stop pain, prevent pregnancy, HIV and STIs, and treat your injuries.

Narrator: You will do a lot of tests, including HIV and a pregnancy test if you’re a girl. You might also be given post-exposure prophylaxis or PEP, an anti-retroviral drug that can be taken after being exposed to HIV through unprotected sex. Girls will be given the option of a morning after pill, in case of pregnancy.

Narrator: Remember, you have a right to know your test results.

Narrator: The doctor or nurse examining you will probably ask you a lot of questions, even though it might be hard, share as much information as you remember, and take as much time as you need.

Narrator: The doctor and nurses are probably going to use the words vagina and penis often, which may make you feel uncomfortable or embarassed; there is nothing to be ashamed of. These are our genital organs, and those are their names, vagina and penis, let’s be confident to use them, kulungile?

Narrator: You will need to fill in a J88 form njalo, which is a form used by doctors and nurses to keep a record of your injuries, as well as medical evidence of sexual abuse. The hospital will give you this form.

Narrator: The doctor or nurse will also take a blood and urine sample, and examine your body for marks, bruises, scratches and any evidence from your abuser. Remember that they are there to help you.

*Scene 5 is set in counsellor’s office*

SX: (TEXT ON SCREEN) GO FOR COUNSELLING

Narrator: Counselling will help you deal with your abuse, move on with your life and start to feel safe again. The hospital should send you to a trauma counsellor, and there are many that offer free counselling for survivors of sexual abuse.

Narrator: You can also call childline on 0800 05 5555

SX: (TEXT ON SCREEN) CHILDLINE 0800 05 5555

Narrator: Remember that no matter what anyone says, none of this abuse is EVER your fault. Finish and KLAAR!

*Scene 6 is set in the principal’s office/classroom*

SX: (TEXT ON SCREEN) REPORT IT TO THE DEPARTMENT OF EDUCATION

Narrator: If a student or a teacher has hurt and abused you, you must report it to the principal, so that action can be taken. Your principal will report your teacher to the Department of Education.

Narrator: If your principal has abused you, you have to report them to the Department of Education. Write a letter telling them what happened. They have to hold a disciplinary hearing for your principal or teacher.

*Scene 7 is set in the police station*

SX: (TEXT ON SCREEN) REPORT IT TO THE POLICE

Narrator: All sexual abuse cases have to be reported to the police, even if it is only years after the abuse took place.

Narrator: When you go to the hospital, they should organise a police officer for you to give your statement. If not, you must go to the police station nearest to where the abuse took place, and make a statement. Take someone with you that you can trust.

Narrator: You have a right to give your statement in private, and to ask for a female police officer or an officer who speaks your language, if you need to.

Narrator: You can explain to the police officer what happened, or draw a picture or write it down yourself. Take as much time as you need. When you are finished, you will need to sign the statement. Don’t sign it if the information is not correct.

Narrator: Before the officer leaves the hospital or you leave the police station, make sure you get a CAS number, the name and number of the police officer and the station, and a copy of your statement. You can also take a picture of it with your phone.

*Scene 8 is set at the magistrate’s court*

SX: (TEXT ON SCREEN) GET A PROTECTION ORDER

Narrator: You can apply for a protection order to protect you from your abuser, if you were harassed or abused, physically, emotionally or sexually.

Narrator: You will need to go to the magistrate’s court to fill in the forms for the protection order. If your abuser continues to abuse or harass you, you can report it to the police station and have them arrested, as they are breaking the law by not obeying the protection order.

*Scene 9 is set in the new principal’s office*

SX: (TEXT ON SCREEN) MOVE TO A NEW SCHOOL

Narrator: If you find it hard to stay at your school after the abuse, you can move to a new school.

Narrator: You will need an adult to write a letter to the Department of Education to motivate your move.

Narrator: You will need to submit a copy of your birth certificate, your immunisation card and your last school report or transfer card.

Narrator: You don’t have to tell anyone at your new school what happened to you, unless you want to. The most important thing for you to understand is that sexual abuse is never your fault. SOZE!

*Scene 10 is set walking down the road*

SX: (TEXT ON SCREEN) SEXUAL ABUSE IS NOT YOUR FAULT

*CLOSING RAP*

Male Student:

Sexual abuse is never your fault and it’s not okay,

If you see something, say something, we don’t wanna live this way!

Policewoman:

If anything in this video that you saw today,

Reminded you of your own situation, speak up, have your say.

Male Nurse:

We hope that you choose to take action, no matter when you were abused,

There is life after sexual violence, but to heal, you gotta choose.

Female Doctor:

If you’ve been hurt, there is help and people who care,

Follow the steps we’ve shown you, to help you get there.

Female Counsellor:

Remember you’re not alone, if it’s happened to you,

There is always gonna be someone to help you get through.